



NEWS

For Immediate Release

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COOKOLOGY AWARDED BEST COOKING SCHOOL FOR KIDS BY WASHINGTON FAMILY

Basic skills, winter and summer camps and more

Arlington, VA – When it comes to keeping kids entertained and educated during seasonal breaks, [Cookology](#) has the formula. [Washington Family Magazine](#) has recognized Cookology as Best Cooking School for Kids in their 2019 Best for Families survey. The survey has been conducted for more than 25 years and is driven by reader's votes.

Cookology's award-winning kids' cooking program has taught thousands of children since 2009. Now with two locations, the school offers a safe, nurturing environment for kids to learn how to cook. In the kids' hands-on cooking classes at Ballston Quarter and Dulles Town Center, children as young as three learn to measure, mix, and roll, while tweens and teens learn to reference recipes, ingredient identification, and proper measuring techniques. Professional chefs are partnered with each class to teach true culinary techniques. In culinary techniques include: knife skills, sautéing, grilling, boiling, braising, baking, and more all while exploring new world cuisines, healthy menus and seasonal dishes, as well as vegetable preparation and pasta making along with gluten free baking as each child creates sophisticated delicious dishes.

"We are so proud to be recognized as the Best Cooking School for Kids by Washington Family magazine because it offers huge validation from our customers that they value what we are doing as a business," said Maria Kopsidas. "Our chefs love to work with the kids and see their amazing progress throughout the week. We love it when the kids and their parents come back to the store and tell us how they are using their cooking skills at home. It is a wonderful life skill and we are so happy to inspire so many."

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For more information on Cookology and the Summer Cooking Camps, visit www.cookologyonline.com or call (703) 433 – 1909. Cookology is located at 21100 Dulles Town Circle, Sterling, VA 20166 and Cookology Ballston Quarter at 4238 Wilson Blvd. Suite 3110, Arlington, VA, 22203.

About Cookology

Since 2009, Cookology Culinary School has touched the lives of thousands of people at the Dulles Town Center and Ballston Quarter locations. The mission is to inspire people to connect with friends and family over a great meal. The school offers professionally taught, hands-on cooking classes in safe commercial kitchens. Class schedules include kids cooking, couples date night, spring break, summer camp and winter camps for kids, corporate teambuilding as well as boot camp series. A professional culinary certificate program will be rolled out later in the year. Located in Dulles Town Center mall next door to Macy's on the lower level and Ballston Quarter next door to Macy's on the third level. For events and happenings follow **Blog, Facebook, and Instagram.**

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